

New Frontiers in Alaska: Coming Alive in the Wilderness
A Men's Adventure Retreat Trip to Turquoise Lake
June 25th through July 3rd, 2010

Reservation Form

Name:

Email Address:

Mailing Address:

City/State/Zip:

Phone (Daytime):

Phone (Evenings):

Deposit and Reservation:

- Reservations are made by completing this form and sending it along with a deposit of \$500. **Please make checks out to: Ira Orchin Ph.D.** and mail to: Suite 109, 29 Bala Ave. Bala Cynwyd, PA 19004.
- Balance of \$2650 is due 60 days prior to the start of the adventure, i.e., by April 23, 2010. Reservations made within 60 days prior to the starting date require payment in full.

Cancellations and Refunds:

- Cancellations made 60 days prior to the trip starting date will be refunded in full, minus a \$100 administration fee. Cancellations made within 59-31 days of the trip starting date will be refunded 50% of the balance. There is no refund given for cancellations made within 30 days of the trip starting date.

Travel Insurance:

- We recommend that you protect yourself with a short term traveler's insurance policy.

Cancelled Trips

- We reserve the right to cancel a trip due to insufficient reservations or weather conditions. In the instance of insufficient reservations, a full refund of the trip is given. In the case of obstructive weather, every effort will be made to offer the best comparable trip available.

Waivers

- All participants are required to complete and sign a liability release, client profile form, and acknowledgement of risk prior to trip departure.

What is Included:

- 1 night lodging in Anchorage, Alaska (Day 1)
- 7 nights camping at Turquoise Lake (Days 2-8)
- Wilderness guide service and instruction
- Shuttle van service in Anchorage on Day 2
- Roundtrip air transportation from Anchorage to Port Alsworth
- Roundtrip floatplane from Port Alsworth to Turquoise Lake
- All group camping gear (tents, stoves, fuel, dry bags, etc.) and personal safety equipment; kayaks, PFDs and paddles
- Meals from dinner on day 2 through lunch on day 9
- Facilitator led retreat services
- Fly-in visit to Dick Proenneke Cabin Historic Site, on Upper Twin Lake, on Day 9

What is NOT Included:

- Personal gear (sleeping bags, packs, rain gear, etc)
- RT transportation to Anchorage, Alaska
- RT transfers to and from airport
- dinner in Anchorage on Day 1; lunch in Anchorage on Day 2
- Guide gratuities
- Trip Insurance
- Alaska fishing license (optional)

Level of Adventure

- Alaska Alpine Adventures terms this trip a Level 2 experience. In addition to paddling, you will be carrying a day pack over hilly and uneven terrain.
- Physical conditioning and regular exercise prior to these trips is essential. Please consult your physician and/or the outfitters if you have any question about your ability to participate on this trip.

Some Trip Guidelines:

- This trip is designed as both a wilderness experience and an opportunity for personal renewal. While the trip includes the leadership of a psychologist, it is not therapy nor is it intended as diagnosis or treatment for any medical, psychological, or emotional problem. It is geared for healthy, competent, and well-functioning individuals who are interested in a rugged outdoor experience where they can challenge and re-energize themselves. Each participant's experience may vary. Any person engaging in the New Frontiers in Alaska program does so at his own risk.
- Please note that this is an alcohol and drug free experience.

Please feel free to contact either of us or the outfitter regarding any questions or concerns you have about the trip. Looking forward to a great adventure.

Contact information:

Ira Orchin Ph.D.	610 642 8345	ieoyes@aol.com
Frank Henninger M.A.	610-933-9775	frankhenninger@yahoo.com
Dan Oberlatz	877-525-2577	dan@alaskaalpineadventures.com

